

TOUR BOOK



CLOUD FOREST WALK

Costa Rica is home to 5% of the world's diversity, and just Monteverde alone holds 2.5%. This tropical paradise is described best by its own name, a green mountain that is proud of its conservationist essence. For this reason, a large part of Monteverde's land is protected by natural forest reserves, with the purpose of preserving nature as much as possible for future generations.

The greatest example of this at the local level is the Monteverde Cloud Forest Biological Reserve, which opened its gates in 1972 and became a national example of forest conservation and research. It is the perfect place to discover the Monteverde of the recent past and relive the well-marked history that the town's ancestors left behind.

On the other hand, there is the Curi Cancha private forest reserve. Its name derives from the Inca culture and means "a gold enclosure". The property was acquired in 1970, protecting and restoring the forest for 51 years, before opening to the public in 2011. It is the perfect place to enjoy viewpoints, open areas and picnic areas. It is an ideal place to visit with family, especially children.

Enjoy nature walks accompanied by an expert guide, with first class optical equipment.

A visit to the hanging bridges is a quintessentially Monteverde experience. And there's no wonder it's become a must; there's just something extraordinary about walking between the highest treetops and looking out across a dense canopy that stretches for miles. Here you'll enjoy a memorable perspective on the cloud forest as you cross 8 bridges set within 3km of verdant trails. Along the way you'll encounter misty stretches, exotic bird calls, and beautiful views, all contributing to the feeling that you're exploring a remote, rare ecosystem bursting with life.



MONTEVERDE RESERVE

REGULAR:

\$148 per person

Duration: 2.5 hours

Schedule: 7:00am - 12:00pm

PRIVATE:

\$226 per person

Duration: 3 hours

Schedule: 7:00am - 12:00md

CURI CANCHA RESERVE

REGULAR:

\$137 per person

Duration: 2.5 hours

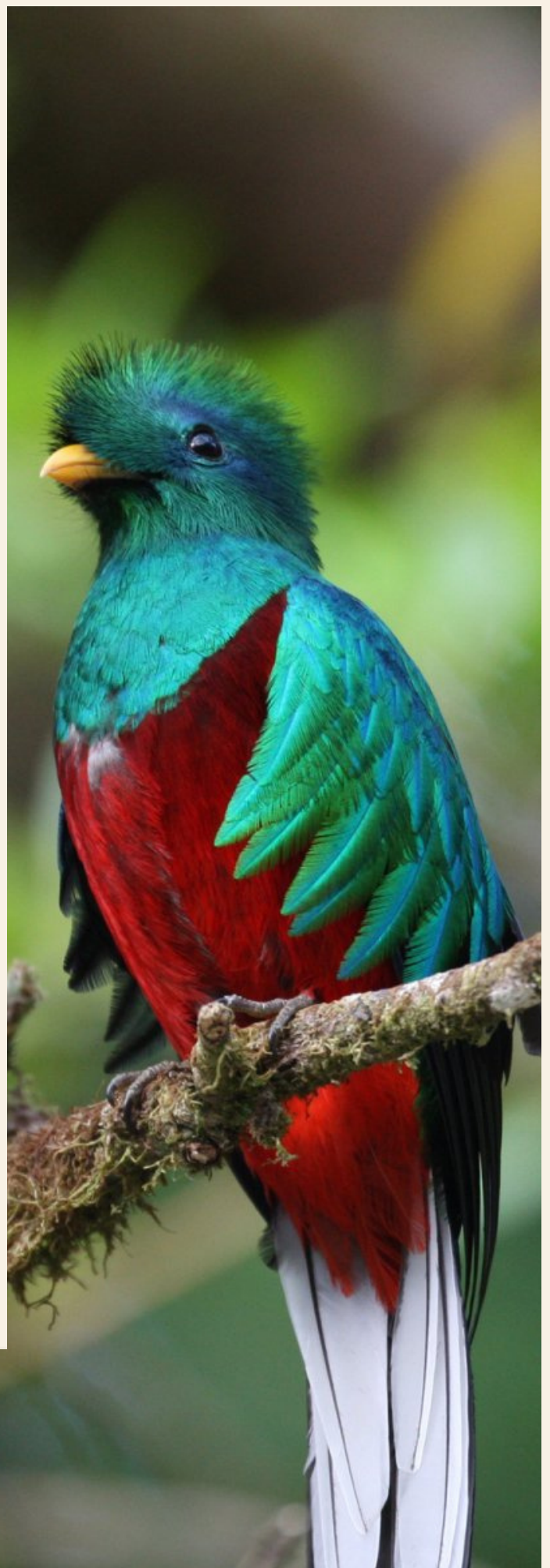
Schedule: 7:00am - 12:00pm

PRIVADO:

\$211 per person

Duración 3 horas

Schedule: 7:00am - 12:00md



SELVATURA HANGING BRIDGES

REGULAR:

Price: \$103 per person

Duration: 2.5 hours

Tour times: 7:50am - 10:20am - 1:50pm

PRIVATE:

Price: \$339 per person

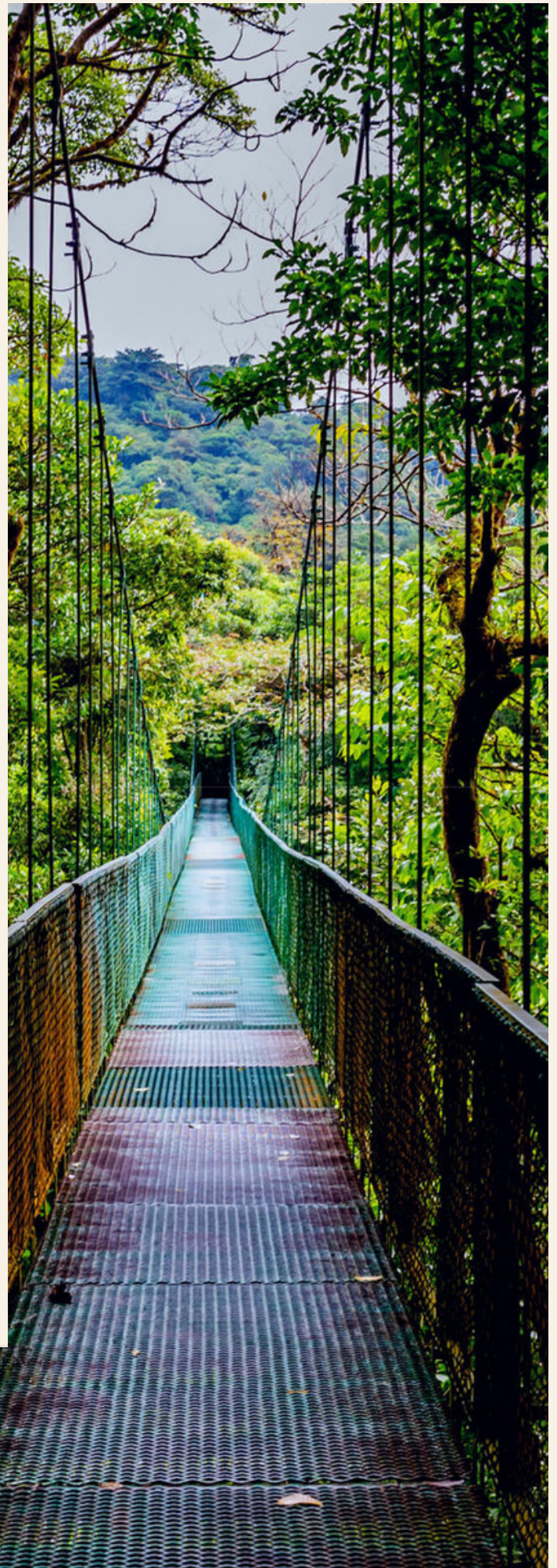
Duration: 3 hours

Tour times: 7:00am

All tours include a tour guide, admission, transportation and a small snack, and are operated with a minimum of 2 people.

WHAT TO BRING?

Tennis shoes or closed shoes, jacket or poncho, insect repellent, water, camera or binoculars.



SKY ADVENTURES HANGING BRIDGES

REGULAR:

Price: \$103 per person

Duration: 2.5 hours

Tour times: 7:20am - 9:35am - 12:20pm

PRIVATE:

Price: \$339 per person

Duration: 3 hours

Tour times: 7:00am

All tours include a tour guide, admission, transportation and a small snack, and are operated with a minimum of 2 people.

WHAT TO BRING?

Tennis shoes or closed shoes, jacket or poncho, insect repellent, water, camera or binoculars.



NIGHT WALK

Every person who visits Monteverde must experience the forest surrounded by the singing of frogs and the darkness of the night. The behavior of nature is completely different from what is experienced during the day, so it is a must-see. At night, there is the opportunity to go in search of the most sought-after wildlife in Costa Rica, such as the two-clawed sloth, sleeping birds, and even the most feared animals in the forest such as snakes, tarantulas, among other surprises that the forest awaits. We will tour Santa María's night walk in search of the secrets that the night harbors, with flashlights in our hands, and learn about the flora and fauna in its maximum splendor.

Now, if two hours sounds a bit long and walking long distances seems less appealing, the Senda Monteverde hotel is perfect for exploring on a small scale. Going through the gardens and main trails will lead you to frogs and insects especially, however, the large mammals prefer denser forests away from people.

REGULAR:

\$52 per person

Duration: 2 hours

Schedule: 5:00pm

PRIVATE:

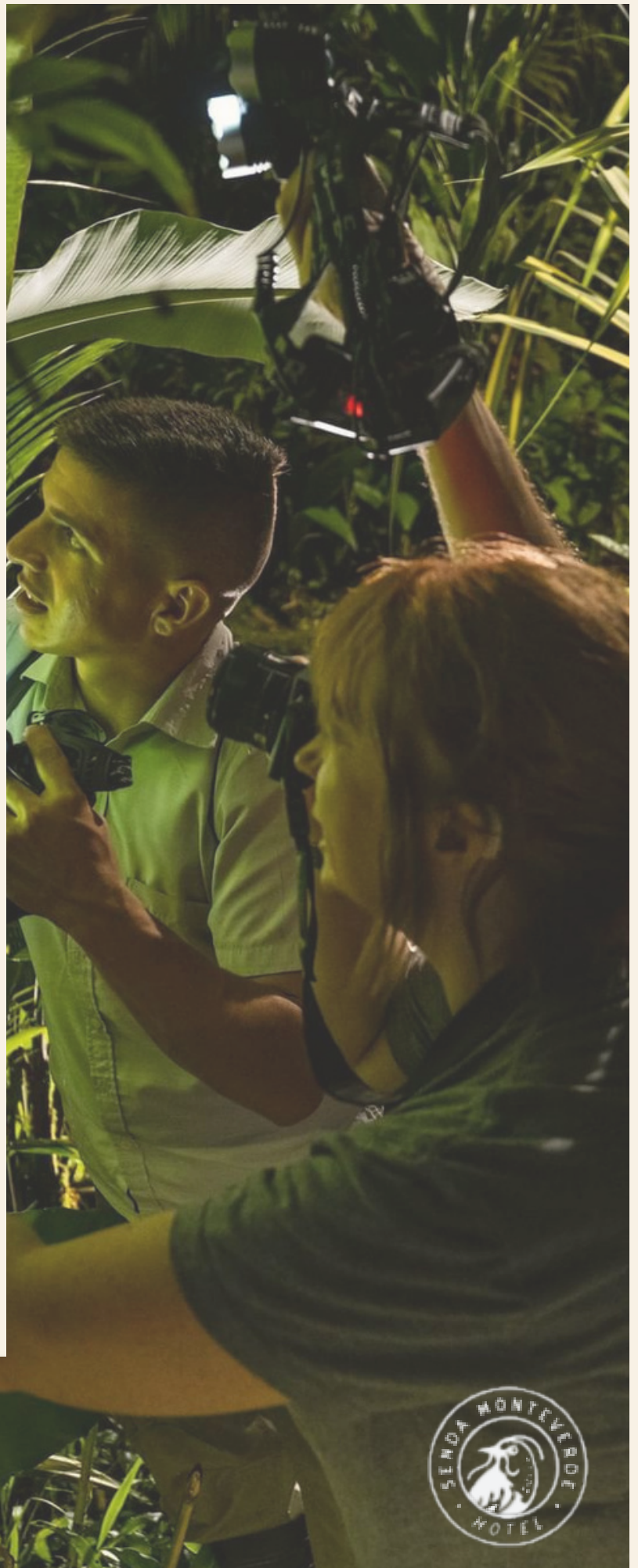
\$75 per person

Duration: 3 hours

Exclusive Schedule: 5:00pm

WHAT TO BRING?

Tennis shoes or closed shoes, jacket or poncho, insect repellent, water, camera or binoculars.

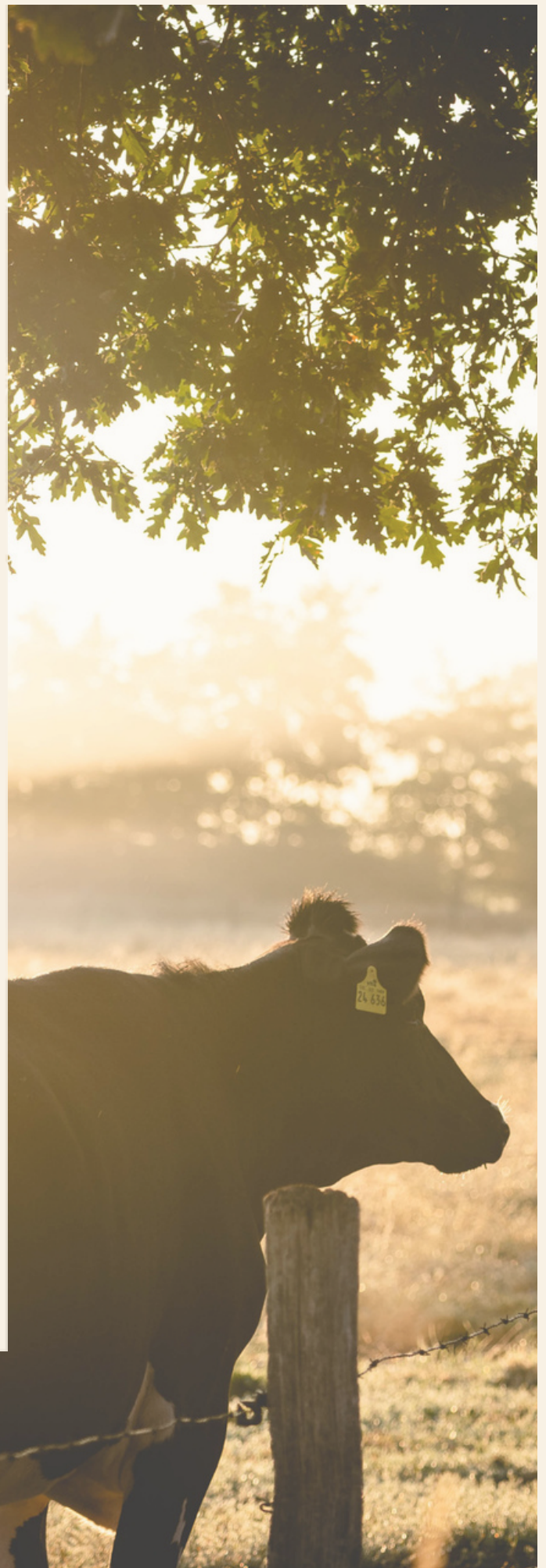


COSTA RICA TYPICA

The clay stove, the oxen-pulled cart, handmade tortillas, drip coffee and cane juice are the best words to describe our country. Times have changed, as has the practice of how to make these products that are normally consumed today. Nothing is more typical of Costa Rican culture than a lady of the past manually patting the tortilla or grinding the sweet cane to extract the juice. This experience is described as the Costa Rica of yesteryear, and consists of a circuit that focuses on teaching different parts of our roots. The tour shows some of our historic practices, such as beginning the preparation of hot chocolate by grinding it in an indigenous metate, visiting a small herb garden, learning about the preparation process of the golden grain, better known as coffee, practicing how to milk a cow like the old days, and ending with a good brandy accompanied by tortillas and empanadas made completely the old-fashioned way. Let's enjoy the equus farm run by a Costa Rican family together. Don Rafa awaits us at the best place to enjoy Costa Rican culture.

SENDA COFFEE EXPERIENCE:

Now, if the goal is to learn about coffee specifically, our local coffee experience could be a better idea, with a small demonstration of our coffee plantation at the Senda Monteverde hotel and a small tasting of a good cup of coffee accompanied by a surprise snack for the occasion.



COSTA RICA TYPICA

REGULAR:

\$126 per person

Duration: 2 hours

Schedule: 9:00am - 12:00pm - 1:00pm

PRIVATE:

\$171 per person

Duration 3 hours

Schedule: 9:00am - 12:00pm - 1:00pm

SENDA COFFEE EXPERIENCE:

REGULAR:

\$41 per person

Duration: 30 minutes

Schedule: 2:00pm

PRIVATE:

\$58 per person

Duration: 1 hour

Schedule: 2:00pm

All tours include a tour guide, admission, transportation and a small snack and are operated with a minimum of 2 people or family's.



CAMPESINO FARM EXPERIENCE

The first families began to arrive in the upper area of Monteverde in the 1950s. At that time, tourism was not an economic activity in the way it is today. Instead, the town found an opportunity for growth in agricultural production, specifically in the dairy industry, including milk and cheese. Livestock activity began to gain much more traction until tourism emerged as the main industry. Despite that, some of those early families still use their old dairy farms and have perfected their products with different flavors and textures. The cheese produced by Don Bernal and his family is an incredible experience for the palate. This tour is an invitation to taste a cheese made entirely by hand with all natural ingredients and herbs, homemade yogurts, dulce de leche and even jams with exotic ingredients.

REGULAR:

\$137 per person.

Duration: 2 hours

Schedule: 7:30am - 1:00pm

PRIVATE:

\$184 per person

Duration: 3 hours

Schedule: 7:30am - 1:00pm

All tours include a tour guide, admission, transportation and a small snack and are operated with a minimum of 2 people.



BIRDWATCHING TOUR

Globally, the trend of bird watching has been on the rise, making birdwatching more and more popular as a tourism option. Costa Rica has 924 species of birds, almost 10% of the world's avifauna. One of the best places for birding tours is Monteverde, with around 250 species of mountain birds, among which, the Quetzal, the bell bird, and the toucans stand out. It has become a favorite destination for bird lovers. With options for new and long-standing birders, a bird tour is a perfect opportunity to start getting to know the fascinating forest through its melodious songs, calls, colors and flight patterns. The tour takes place in the Curi cancha reserve, which has been cataloged as the best place in the entire Monteverde area for the sighting of different bird species. The 7 kilometers of trails allow for an amazing visibility of the forest. Its wide open areas are the best area to find the smallest birds, and the reserve is one of toucans' favorite places to reside. How many birds can be counted in a single morning? Let's find out! This is an experience that focuses specifically on birds, which can start from the hotel and is followed by an extensive visit to the Curi cancha reserve in search of these special creatures. Senda's property has about 6 hectares with internal trails ready and prepared to be explored by our guests, who can find the most elegant of hummingbirds in the Cat's Tail plant, or see the Motmots that walk everywhere. Enjoy the hotel at the hands of our internal guide who will be in charge of explaining about the ecosystem and the different species found in it.



BIRDWATCHING AT CURI CANCHA

REGULAR:

\$137 per person

Duration: 3 hours

Schedule: 7:00am

BIRDWATCHING HOTEL SENDA + CURI CANCHA

PRIVATE:

\$339 per person

Duration: 6.5 hours

Schedule: 5:00am

PROPERTY BIRDWATCHING WITH A GUIDE AT SENDA

REGULAR:

\$30 per person

Duration: 30 minutes

Schedule: 11:00am

PRIVATE:

\$47 per person

Duration: 1 hour

Schedule: 11:00am



SUSTAINABILITY TOUR

Join us behind the scenes and learn about the impact your stay in Senda Monteverde hotel has on the planet. In our native plant nursery, sericulture and composting area you will see what happens with the organic waste we produce in the hotel. At the recycling center, learn about our philosophy of reducing waste, eliminate single-use plastic and save energy. Experience, learn, connect and relax with this unique experience and have fun with our amazing team members.

Take part in our important reforestation efforts while enjoying an amazing experience, learning all about our native trees species and planting them with your very own hands.

Duration: 40 minutes
(On the property)



